Welcome SCESS students*

Cornell Health provides medical care, counseling, and pharmacy services for students enrolled in the School of Continuing Education and Summer Sessions (SCessa) who are enrolled in Cornell’s Student Health Plan or pay Cornell’s Student Health Fee. Information about eligibility and services is available at health.cornell.edu.

* Summer Session, Winter Session, and Part-time students. (Participants in the Cornell University Summer College for High School Students should refer to their own health requirements instructions.)

New Student Health Requirements

For students taking 6 or more credits only. Students taking fewer than 6 credits are exempted from health requirements.

Cornell Health oversees the New Student Health Requirements process, through which you will provide information required to comply with state and federal laws, meet public health guidelines, and support optimal health care for you during your time at Cornell. The information you provide, as well as any health care you receive at Cornell Health, is confidential. Health care records are completely separate from all other university records.

Overview

1. **Print this document.** It will guide you through all the steps to meeting Cornell’s Health Requirements.
2. **Log onto myCornellHealth** with your Cornell net ID: mycornellhealth.health.cornell.edu. This is our secure patient portal. You will access your Health Requirements forms there.
3. **Complete all forms; submit required documentation.** View your progress at “Forms” in myCornellHealth.
   *If we find problems, we will send an email alert directing you to read a secure message at myCornellHealth for further instructions.

Deadline

* The first day of your program/classes

Students taking 6 or more credits only

1. **New Student Health History**
   - Complete online form
2. **Health Emergency Contact Information**
   - Complete online form
3. **Privacy and Consent: under age 18**
   - Print Parent/Guardian Permissions form
   - Ask parent or guardian to read and sign
   - Upload or send completed form
   Privacy and Consent: age 18 and over
   - Complete two online forms: Part 1 and Part 2
4. **New York State Immunization Registry: under age 19**
   - Complete online form
   New York State Immunization Registry: age 19 and over
   - Complete online form
5. **New Student Immunization and TB Screening History**
   - Carefully review instructions (attached)
   - Obtain copies of your official immunization records (from health care provider, school, or military) and any recent TB screening test reports
   - Use official records to complete online form
   - Upload or send copies of official records
   - If you decide not to get the Meningococcal vaccine, you must submit the Meningococcal waiver form (pdf)
1. Access Cornell Health’s secure patient portal by going to mycornellhealth.health.cornell.edu
2. Login with your Cornell NetID and password
3. Enter your date of birth
4. Access everything you need from the Home screen

To upload forms and documents:
- Select “Messages” from navigation
- From the “Secure Messages Inbox,” select “New message”
- From the “Select Communication Option” window, select “Send a message or attachment to Health Records”
- Select “I understand” to continue
- In the “Compose New Secure Message” window:
  - Identify the form or document in the “Subject” window (If a form or document has several pages, please upload it as one multi-page document. Do not combine different forms or documents into one attachment.)
  - Add attachment (.png, .gif, .jpeg, .jpg, .pdf; file size limit 4 MB)
  - You may need to send several messages, depending on your requirements

To learn more about myCornellHealth: health.cornell.edu/get-care/mycornellhealth
Who must complete this form?

All students taking 6 or more credits must complete this form.

- Do not complete this form if you are taking fewer than 6 credits OR you have met Cornell’s health requirements in the past 5 years.
- If you are not required to complete this form, you may remove it from your form list in myCornellHealth: open the form, scroll to the bottom, and click “Submit.”

Instructions

Step 1: Obtain official records from your health care provider, school, or military; or ask your health care provider to complete the attached Cornell Health form. Records must include your full name and birthdate, and be in English.

Step 2: Go to myCornellHealth, and open the online New Student Immunization and TB Screening History form.

Step 3: Enter your immunization information into the online form.

Step 4: Upload a copy of the printed Cornell Health form or other comparable official records.

Required immunizations (Items 1 – 20)

To comply with New York State laws and public health guidelines, you must provide documentation that you have met immunization requirements for: Measles/Mumps/Rubella, Meningococcal, Tetanus/Diphtheria/Pertussis, and Varicella (Chicken Pox).

If you are not able to provide official documentation demonstrating that you have met all immunization requirements, you must schedule (and keep) an appointment for immunizations at Cornell Health as soon as you arrive on campus. Failure to do so will result in late fees and a hold on your registration. To schedule, call the Requirements Office: 607-255-4364.

Other immunizations (items 21 – 34)

You are NOT REQUIRED to complete this section. If you choose to enter information, you must provide copies of official records for any immunization you enter in this section.

Tuberculin (TB) screening (items 35 – 38)

You are NOT REQUIRED to complete this section. If you choose to enter information, you must provide copies of official TB screening test records for any item you enter in this section.

Submit official documentation

- Upload copies of your official records.
  - You may do so at the end of the New Student Immunization History on myCornellHealth, or by selecting “Immunization Record” from the menu and choosing “Add Immunization Record.”
  - Be sure to “SAVE” your work on the Immunization History before uploading records.

- If you are unable to upload records, you may either fax them to 607-255-0269, or mail them to:
  CORNELL HEALTH
  ATTN: Requirements Office
  110 Ho Plaza
  Ithaca, NY 14853-3101
PLEASE NOTE: Once submitted, review of your records may take up to three weeks. If we discover any problems, we will send an email to your Cornell address, directing you to read a secure message at myCornellHealth. Please follow up promptly to assure compliance with Cornell requirements and avoid late fees and registration holds.

Not able to meet requirements before coming to Cornell?

- If you are not able to provide official documentation demonstrating that you have met all immunization requirements, you must schedule (and keep) an appointment for immunizations at Cornell Health as soon as you arrive on campus.

- Failure to do so will result in late fees and a hold on your registration. To schedule, call the Requirements Office: 607-255-4364.

Paying for vaccinations at Cornell Health

- The charges for required immunizations are covered by Cornell’s Student Health Plan (SHP).

- They are not covered by Cornell’s Student Health Fee. If you have private health insurance, you will be charged for the immunizations. Check with your insurance company to make sure you understand their reimbursement policy.
**INSTRUCTIONS**

**Step 1:** Ask your health care provider to complete and sign this form. NOTE: If you have comparable official records from your health care provider, school, or military, you may submit those rather than using this printed form.

**Step 2:** Once you have your records, go to myCornellHealth, and open the online New Student Immunization and TB Screening History form.

**Step 3:** Enter your immunization information (and, if required, TB screening test results) into the online form.

**Step 4:** Follow instructions in the online form to upload a copy of this form OR other comparable official records.

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**Student name (last, first, middle)______________________________**

**Date of birth (mm-dd-yy)__________________________ Cornell net ID # __________________________**

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**REQUIRED IMMUNIZATIONS**

Students taking 6 or more credits must provide documentation that you have met all four of these immunization requirements.

### 1. Measles/Mumps/Rubella. Complete Option 1 or Option 2.

| **Option 1:** Two doses of live MMR on or after the first birthday (Must have been given at least 28 days apart.) |
| --- | --- |
| Date #1 (mm-dd-yyyy) ___________________________ Date #2 (mm-dd-yyyy) ___________________________ |

| **Option 2:** If vaccines were given separately, select one each for Measles, Mumps, and Rubella. |
| --- | --- |
| **Measles. Check one box only.** |
| □ Two doses of live vaccine administered on or after the first birthday (Must have been given at least 28 days apart.) |
| Date #1 (mm-dd-yyyy) ___________________________ Date #2 (mm-dd-yyyy) ___________________________ |
| □ Physician-diagnosed illness Date (mm-dd-yyyy) ___________________________ |
| □ Protective antibody titer Date (mm-dd-yyyy) ___________________________ Lab □ positive □ negative If negative, student must receive vaccine. |

| **Mumps. Check one box only.** |
| --- | --- |
| □ Two doses of live vaccine administered on or after the first birthday |
| Date #1 (mm-dd-yyyy) ___________________________ Date #2 (mm-dd-yyyy) ___________________________ |
| □ Physician-diagnosed illness Date (mm-dd-yyyy) ___________________________ |
| □ Protective antibody titer Date (mm-dd-yyyy) ___________________________ Result: □ positive □ negative If negative, student must receive vaccine. |

**Rubella. Check one box only.** (Previous clinical diagnosis of rubella is not sufficient.)

| □ One dose of live vaccine administered on or after the first birthday |
| Date (mm-dd-yyyy) ___________________________ |
| □ Protective antibody titer Date (mm-dd-yyyy) ___________________________ Result: □ positive □ negative If negative, student must receive vaccine. |

### 2. Meningococcal Vaccine. Check all that apply.

For any of the ACYW-135 (*) meningococcal vaccines, the date of your vaccine should be within the past 5 years.

| □ Menactra™ * Date (mm-dd-yyyy) ___________________________ |
| □ Menveo™ * Date (mm-dd-yyyy) ___________________________ |
| □ Menomune™ * Date (mm-dd-yyyy) ___________________________ |
| □ Meningococcal ACYW-135 * Specify other brand or brand unknown ____________________________ Date (mm-dd-yyyy) ___________________________ |
| □ Trumenba™ (for Type B only) Date #1 (mm-dd-yyyy) ___________________________ Date #2 (mm-dd-yyyy) ___________________________ Date #3 (mm-dd-yyyy) ___________________________ |
| □ Bexsero™(for Type B only) Date #1 (mm-dd-yyyy) ___________________________ Date #2 (mm-dd-yyyy) ___________________________ |

| □ I have decided not to obtain the meningococcal vaccine. I understand I must sign and upload Cornell Health’s Meningococcal Waiver Form. |
| [This form is available on the New Student Immunizations and TB History form (item #16) accessed through myCornellHealth.] |

### 3. Tetanus/diphtheria/pertussis booster (Tdap) Date (mm-dd-yyyy) ___________________________ You must have received a Tdap vaccine in the past 10 years.

### 4. Varicella (Chicken Pox). Check all that apply.

If you were born in the U.S. before 1980, this requirement does not apply.

| □ Two doses of vaccine Date #1 (mm-dd-yyyy) ___________________________ Date #2 (mm-dd-yyyy) ___________________________ |
| □ Physician-diagnosed illness Date (mm-dd-yyyy) ___________________________ |
| □ Protective antibody titer Date (mm-dd-yyyy) ___________________________ Result: □ positive □ negative If negative, student must receive vaccine. |
RECOMMENDED IMMUNIZATIONS

These immunizations are recommended by the U.S. Centers for Disease Control and Prevention (CDC) and the American College Health Association. To protect your health, we urge students to receive these important vaccinations (or begin the series) before starting at Cornell. Please provide dates.

**Hepatitis A Vaccine**

Date #1 (mm-dd-yy) __________________________ Date #2 (mm-dd-yy) __________________________

**Hepatitis B Vaccine**

Date #1 (mm-dd-yy) __________________________ Date #2 (mm-dd-yy) __________________________ Date #3 (mm-dd-yy) __________________________

**HEP A / HEP B Combined Vaccine**

Date #1 (mm-dd-yy) __________________________ Date #2 (mm-dd-yy) __________________________ Date #3 (mm-dd-yy) __________________________

**Human Papillomavirus (HPV) Vaccine Series** (recommended for students of all genders, 26 and under)

Date #1 (mm-dd-yy) __________________________ Date #2 (mm-dd-yy) __________________________ Date #3 (mm-dd-yy) __________________________

**OTHER VACCINATIONS YOU MAY HAVE RECEIVED**

**HIB Vaccine** (Haemophilus Influenza B)  Date (mm-dd-yy) __________________________

**Pneumococcal Vaccine**  Date (mm-dd-yy) __________________________

**Polio Vaccine** (before age 18)  Check one box only.

- [ ] IPOL  Date of most recent dose (mm-dd-yy) __________________________
- [ ] OPV  Date of most recent dose (mm-dd-yy) __________________________
- [ ] EPV  DOSE #1 (mm-dd-yy) __________________________ DOSE #2 (mm-dd-yy) __________________________ DOSE #3 (mm-dd-yy) __________________________

**Rabies Vaccine**

Date #1 (mm-dd-yy) __________________________  [ ] RabAvert  [ ] Imovax  [ ] Unknown
Date #2 (mm-dd-yy) __________________________  [ ] RabAvert  [ ] Imovax  [ ] Unknown
Date #3 (mm-dd-yy) __________________________  [ ] RabAvert  [ ] Imovax  [ ] Unknown

**Typhoid Vaccine**  Date (mm-dd-yy) __________________________

**Yellow Fever Vaccine**  Date (mm-dd-yy) __________________________

**TUBERCULIN (TB) SCREENING TEST**

- REQUIRED for full-time students from countries with a high incidence of TB: T-SPOT or Quantiferon-TB Gold blood test. Students with a positive result must have a chest x-ray. If you are unable to get your required test before arriving at Cornell, you will have to get it as soon as you arrive.
- Recommended for all students, especially those who have spent time in countries with a high incidence of TB.
- Review list of countries with a high incidence of TB on the New Student Immunization and TB Screening History form at myCornellHealth.

Check all Tuberculin screening tests you have had.

- [ ] PPD, Mantoux (skin tests)  Date (mm-dd-yy) __________________________ Result: _________ mm of induration
- [ ] T-SPOT®-TB (blood test)  Date (mm-dd-yy) __________________________ Result: [ ] positive [ ] negative
- [ ] Quantiferon®-TB Gold (blood test)  Date (mm-dd-yy) __________________________ Result: [ ] positive [ ] negative
- [ ] Chest x-ray  Date (mm-dd-yy) __________________________ Result: [ ] normal [ ] abnormal

**HEALTH CARE PROVIDER INFORMATION AND SIGNATURE**

Signature ____________________________________________ Date (mm-dd-yy) __________________________

Name ____________________________________________ Work Phone ______________________________________

last, first, middle  degree/title

Address ____________________________________________