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**Mathew Kleiner “Create Change: Health Leadership Award”
2016 Awardee**

ANGELICA CULLO '17

Gannett Health Services is pleased to announce the 2016 recipient of the “Create Change: Health Leadership Award”: Angelica Cullo. Angelica was honored for her ongoing campus leadership in addressing disordered eating and cultivating healthy eating habits and body image among her fellow students.

The “Create Change” award was established to honor and carry forward the legacy of Mathew A. Kleiner '93. It is awarded to Cornell University students who demonstrate the courage and commitment to create change that will enhance the health of the Cornell community, as Matt Kleiner did as a student leader at Cornell. Angelica Cullo’s leadership is a fitting tribute to both Matt Kleiner and his many family members and friends whose love and generosity created this award.

Angelica has been a visible student leader since her arrival at Cornell, working on mental health initiatives with the Student Assembly’s Health & Wellness Committee, the Council on Mental Health & Welfare, and EARS. She has also organized initiatives through various student programming series including Dining with Diverse Minds, CUnique, Lift Your Spirits, and Mental Health Awareness Week.

In fall 2014, Angelica created the popular “Healthy & Disordered Eating Speaker Series” through Cornell Minds Matter, a student group that helps promote knowledge about mental health and resources on campus. Speakers have included Cornell alumni, local clinicians, professors, authors, and people with personal experience who have spoken and facilitated conversations about disordered eating, eating disorders, and issues related to body image, nutrition, and exercise. The series continues to be held during the academic year on select Wednesday evenings in Willard Straight Hall, and is free and open to all members of the Cornell community.

Angelica was given the Create Change award – which comes with a monetary donation – to support her continuing leadership for the speaker series. In particular, Angelica intends to bring more varied, high-quality speakers to campus, and to expand the scope of the series to reach more male students with eating and body image concerns. She also plans to increase the publicity of the series through collaboration with student organizations whose constituents are interested in learning more about healthy and disordered eating.

Receiving the award will “allow me, and the current and future Healthy & Disordered Eating planning team, to expand and improve the quality of the program to have more widespread, influential impact at Cornell and the greater Ithaca area,” Angelica said. “Our hope is that our efforts will lay the groundwork for continued work on these issues after we graduate, and may serve as an example that inspires other universities.”

Angelica offered this tribute to Matt Kleiner:

“I believe that my involvement as a leader reflects Matt Kleiner’s fearless passion for advocacy. Matt cared so much about promoting awareness surrounding HIV/AIDS and sexual health that he did not allow shame or stigma to stop him. Matt spoke honestly with his friends, peers, classmates, teammates, coworkers, professors, administrators, and staff about his concerns for the purpose of creating a healthier, more accepting, empathetic and compassionate community, and I would want nothing more than the opportunity to continue this legacy at Cornell.”

Mathew P. Kleiner "Create Change: Health Leadership Award"

The “Create Change: Health Leadership Award” was established to honor and carry forward the legacy of Mathew A. Kleiner, CU '93. It is awarded to Cornell University students who demonstrate the courage and commitment to create change that will enhance the health of the Cornell community. The award recognizes the personal investment of time, energy, dedication, and vision that effective leadership requires. Made possible by the generosity of Matt’s family and friends, this award will be administered by Gannett Health Services, Matt’s partners in creating change during his years at Cornell. For more information, visit: www.gannett.cornell.edu/campushealth/HealthLeadershipAward.html.

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