"I have struggled for five years, but the Cornell Healthy Eating Program is helping me recover. Don’t be afraid to ask for help and find support.”

– Georgi de Rham

Services and support are available to help Cornell students address a range of issues impacting health and well-being.

Cornell Healthy Eating Program (CHEP)
nutrition and eating problems
607 255-5155
health.cornell.edu/CHEP

Cornell Health
medical and mental health services
phone consultation 24/7
607 255-5155
health.cornell.edu

Additional resources: caringcommunity.cornell.edu

This campaign was developed by Cornell students... for Cornell students.