let's talk about

SEX

A six-week educational and process group
Thursdays, 5:00-6:30 p.m.

what to know

This may be the group for you if you are ...
• Abstinent or newly sexually-active
• Having “meh” sex with little or no pleasure
• Not sure how to ask for what you want
• Questioning your sexual identity & attractions
• Wrestling with cultural & gender norms

This group provides a safe space in which to ask questions, explore your values, learn about resources, and talk with others who are looking for a healthy and enjoyable sex life.

contact

To discuss joining the group and/or receive additional information, please email the group facilitators:

• Karen Williams, PhD  
  (kw292@cornell.edu)
• Rachel Clark, NP  
  (rlc345@cornell.edu)

Open to undergraduate students of all genders & sexual identities...

Learn more about group counseling at Cornell Health: health.cornell.edu/GROUPS