let’s talk about

S E X

A six-week educational and process group
Thursdays, 5:00-6:30 p.m.

what to know
This may be the group for you if you are ...

• Newly sexually-active or abstinent
• Having “meh” sex with little or no pleasure
• Not sure how to ask for what you want
• Questioning your sexual identity & attractions
• Wrestling with values and expectations around sex & intimacy

This group provides a safe space in which to ask questions, explore your values, learn about resources, and talk with others who are looking to create a healthy and enjoyable sex life.

facilitators
• Karen Williams, PhD
• Rachel Clark, FNP

To discuss joining this group and/or receive additional information, please schedule a group orientation with Dr. Williams by calling 607-255-5155 [press #2 for CAPS] during business hours.

Open to undergraduate students of all genders & sexual identities...

Learn more about group counseling at Cornell Health: health.cornell.edu/GROUPS