

How many drinks are in your
Big Red Cup?

21

to drink legally



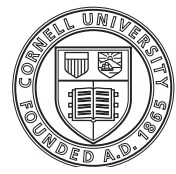
beer
12 oz
(5% alcohol)

wine
5 oz
(12% alcohol)

hard alcohol
1.5 oz
(80 proof:
40% alcohol)

Know the **STRENGTH** (proof). Know the **AMOUNT** (oz.) Know the **TIME** (consumption rate).

Stick to the buzz.



Cornell University

Calculate your Blood Alcohol Concentration:
health.cornell.edu
[Search "BAC"]