Teladoc Health

Additional support for SHP members

To supplement care available at Cornell Health, students and dependents enrolled in **Cornell's Student Health Plan (SHP)** have access to services through Teladoc Health, a national telehealth service provider.

Teladoc Health services

- **General medical services** – 24/7 on-demand access to board-certified doctors by phone, video, or mobile app.
- **Mental health care** – Online appointments with therapists available 7 days a week to get support for anxiety, depression, stress, and more. Psychiatry support for some medications also available.
- **Dermatology** – Upload images and provide details about your skin condition and receive a response in two business days from a licensed dermatologist. Medication prescription and follow-up appointments also available.

Copays for Teladoc Heath services are consistent with SHP's in-network provider rates (typically $25 for routine medical visits and $10 for mental health visits).

Teladoc Health services are available to members in the U.S. (General medical services are not intended to be used for ongoing care, but to supplement ongoing care you receive from your regular healthcare provider.)

Learn more: Visit Cornell's Student Health Benefits website *(studenthealthbenefits.cornell.edu):*

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Not on Cornell's Student Health Plan (SHP)?

Additional online support for students with other insurance

Students with private (non-SHP) health insurance can check their plan for coverage of services provided by Teladoc or other telehealth providers. Options include ...

- **Medical care** – Students in Ithaca can see a telehealth provider for non-emergency illnesses and injuries through Cayuga Virtual Care or WellNow Virtual Care. Visit *health.cornell.edu/after-hours* for more information.
- **Mental health care** – Students anywhere in the U.S. can use the ThrivingCampus Directory to search for off-campus mental health providers who offer services online, or in person. Visit *cornell.thrivingcampus.com*.

If you need assistance connecting with care, we can help. Visit *health.cornell.edu/referrals* to learn how to reach a Cornell Health Referral Manager.

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