

Mentors Needed!

Community Health Professional Mentorship Program

Help shape a young person's interest in the field of health & wellness.

What it is

The Community Health Professional Mentorship Program is a partnership between Cornell Health and Ithaca area health care providers.

- It allows health professionals to interact with students pursuing health careers.
- It gives selected undergraduate students the opportunity to observe some of the daily realities of a health profession.

Students are connected with a mentor who can answer questions about opportunities in the field of health and well-being and about preparation for one of these careers. This is a unique opportunity for students to interact with mentors and experience the delivery of health care to a diverse patient population in a rural setting.

Who mentors

Virtually anyone practicing locally in a health profession. For example:

- MD, DO, PA, NP
- OT, PT, speech therapists
- Integrative health providers (acupuncturists, chiropractors, nutrition consultants, midwives, etc.)
- Health care administrators
- Pharmacists, ancillary health care workers
- Public Health professionals
- Health care consultants, etc.

Mentor's commitment

- A total of 8 hours per semester; that's it! We recommend 2 half-days.
- Choose Fall or Spring semester, both, or ongoing.
- Allow student to observe the clinic flow & patient contacts.
- Include student in office, clinic, or hospital procedures.

What to expect if you mentor

- The selected student will contact your office manager to arrange dates & times of visits.
- Review a copy of your student's application prior to their visit.
- Share your work, talents, advice, "lessons learned the hard way," etc.
- Complete and return the feedback form.



Our mentors come from a variety of health professions

Note: offices not using email for business purposes will receive an application & feedback form via US post.

About the students

The majority of program participants are undergraduates exploring a variety of options in health careers. This is a competitive program: typically fewer than half of the applicants are placed with a mentor. Selected students attend a mandatory training session with Cornell Health staff, reviewing bloodborne pathogens, TB, and HIPPA confidentiality.

All of Cayuga

Medical Center's medical clearance requirements will be met.

Cornell alumni

You may be interested to know that students desiring this mentoring experience may apply through one of the following organizations:

- Alpha Epsilon Delta
- Black Biomedical and Technical eMed, Society of Engineers in Medicine

What some of your colleagues have said about their student participants:

- *"It was great having a student. He was a pleasure."*
- *"...very prepared, eager to learn, and asked appropriate questions."*



- College of Arts and Sciences
Pre-Professional Health Association
- Collegiate Science and Technology
Entry Program (C-STEP)
- Cornell Premedical Society
- Cornell Student Society for Public
Health
- Cornell University Pre-Dental Society
- Engineering World Health
- Kidney Disease Screening Awareness
Program (KDSAP)
- Medical Entrepreneurship Society
(CMES)
- Minority Association of Premedical
Students of SNMA at Cornell
University (Cornell MAPS)
- Pre-Professional Association Toward
Careers in Health (PATCH)
- Society for the Advancement of
Excellence in Premedical Education
(SAEPE)
- Student Health Alliance at Cornell
(SHAC)

How to get involved

Inform your office manager of your interest and availability. They may contact any of the staff members listed below:

- **Susan Geisler** PT, ATC
Mentorship Coordinator
Cornell Health
Phone: 607-255-7217
- **Lauren Kornowa**
Mentorship Coordinator
Cornell Health
Phone: 607-255-5072
- **Cheryl Muka**
Mentorship Program Assistant
Cornell Health
Phone: 607-255-3892

For more information

- **Web:** health.cornell.edu
[search “mentorship”]
- **Email:** healthmentorship@cornell.edu

What students have said about their mentorship experience:

- “... As a pre-med student, I gained great insight into the doctor-patient relationship.”
- “... I feel so lucky to have been given this opportunity. Thank you!!”
- “... This program inspired me to continue to study hard at school and continue to pursue my dream of becoming a physician!”

