



Transgender Care

We provide services and support for students of all sexes & gender identities ...

Cornell Health offers medical and mental health services to students who are non-binary, transgender, questioning their gender identity, and those considering gender transition (medically or surgically).

Services

Following the guidance of the World Professional Association for Transgender Health (WPATH), our providers who specialize in transgender care can provide you with...

- counseling and support related to gender identity
- medical care for the initiation and management of gender-affirming hormones
- high-quality chest binders (*free to students!*)
- a letter of support and care coordination before and after gender-affirming surgical procedures
- pre-operative testing and post-operative care
- official letters for gender marker changes and name changes

More information about these services, as well as information about health insurance coverage and peer support, can be found on our website: health.cornell.edu/gender-services.

Appointments

We suggest scheduling an initial appointment with a Cornell Health provider who specializes in gender identity and transgender care.

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At your appointment, you will have the opportunity to discuss your needs (including physical care, emotional and social well-being), as well as any questions or concerns you may have.

Appointments can be scheduled in two ways:

- by phone (607-255-5155)
during business hours
- online via myCornellHealth

Detailed information about making appointments is online at health.cornell.edu/gender-services.

Additional resources for support

on campus

- **Cornell LGBT Resource Center**
626 Thurston Ave. (3rd floor); provides education, outreach, advocacy, support, and community building — including access to student organizations (e.g., T.A.N.G.O., Mosaic) that provide community for those that identify as transgender and/or non-binary, or are questioning their gender identity. 607-254-4987; dos.cornell.edu/lgbt-resource-center
- **Transitioning at Cornell (TAC) Group**
student-led group offers information & support; email: transitioning@cornell.edu

off campus

- **Ithaca Trans Group** Meets every other Sunday 5:00–7:00 pm at the Cornell LGBT Resource Center. Email tlms296@cornell.edu for meeting dates.
- **Gay, Lesbian, Bisexual and Transgender National Helpline:** 1-888-THE-GLNH (1-888-843-4564)
- **(National) Trans Lifeline**
translifeline.org; 1-877-565-8860 (24/7)
- **Trevor Project Lifeline National Hotline**
24/7 hotline for LGBT and questioning youth
866-4-U-TREVOR (866-488-7386)

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health.cornell.edu