Psychiatry Services

Welcome to psychiatry services at Cornell Health CAPS...

Our staff in Counseling and Psychological Services (CAPS) is pleased to offer psychiatry services to established CAPS clients at Cornell Health. Please read this information fully and keep it as a reference throughout your time in our care.

Contacting us: Call 607-255-5155 (press #2)

Please CALL US if you have questions, concerns, or you are feeling worse in any way. When you call 607-255-5155, select option #2 for CAPS. If we are closed, our on-call service will provide you with professional guidance.

• Please do NOT send a secure message to CAPS or email your provider. You must call to reach us.

Appointments

- The initial psychiatric appointment is one hour and is set up by your CAPS therapist. Follow-up visits are 20–30 minutes and as frequent as your provider feels is clinically needed.
- Please call in advance if you need to reschedule your appointment to avoid a late cancellation fee.
- If you miss or cancel an appointment, call to reschedule it promptly.

Prescriptions

All medication refill requests for medication prescribed by your CAPS provider should be made via telephone 72 hours in advance. Call 607-255-5155 and select option #2 for CAPS. (over)

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Lab services

If you are taking prescription medications, you may need to have lab testing done from time to time.

- Cornell Health has its own laboratory, located on Level 2. If you choose to use a different lab, you will need to contact our Health Records department (607-255-4082) and request that your lab orders to be faxed to the alternate lab.
- To ensure the accuracy of your lab results, please carefully follow any specific instructions given to you before testing. For example, if your lab orders indicate "fasting," that means you need to have nothing to eat or drink for at least 10 hours prior to having your blood drawn.

Laboratory hours

- Monday Thursday: 8:30 am 5:00 pm (10:00 am start on Wednesdays)
- Friday: 9:00 am 5:00 pm

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