

Information on Zika Virus Testing

(for Cornell students)



At this time, you can get tested for Zika if you:

- *are pregnant and travelled to a place where Zika virus was being transmitted while you were pregnant*
- *become ill with symptoms of Zika virus within four weeks of travel to a place where Zika virus is being transmitted*

1. Call Cornell Health at 607-255-5155 and make an appointment to discuss your specific risks
2. If testing is recommended, obtain these documents from your medical provider:
 - "Zika virus testing approval form" from the Tompkins County Health Department
 - Prescription for the lab procedures needed to test you for Zika virus
3. Take documents to the laboratory at Cayuga Medical Center for testing
 - Zika testing is only performed at the CMC Hospital laboratory located at 101 Dates Drive in Ithaca
 - Cornell Health can advise you on transportation options if needed
 - No appointment is necessary; stop by during the laboratory hours listed at cayugamed.org
 - Be sure to bring your approval form and your prescription; the lab cannot test you without them
 - At the lab, you will provide a blood and urine samples for testing
 - There is no charge for testing
4. Get your results (*and additional testing if needed*)
 - Testing for Zika virus is a two-step process. The first test results will be available within a few days of the sample collection. In most cases, additional testing will be required to determine if you were infected. These results may take up to 21 days, due to the complicated nature of the tests involved.
 - Some people may need additional bloodwork collected three weeks after the first samples.

More information: health.cornell.edu [search Zika]